

5.3.3 The Institution conducts/ organizes Technical/Academic fest

• Report with photographs on Technical/Academic fest

Year	Name of Event	Page Number
2018-19	Entrepreneurship and Soft Skills	<u>1</u>
	Stealth Leadership	2
	International Conference on Mental Well-being	<u>3</u>
	Financial Inclusion through Financial Education	<u>4</u>
	Material Science for Spintronics Applications	5



Empowering Students with 21st century Skills

Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

Name of the Event: Workshop on "Entrepreneurship and Soft Skills" i5 Summit Event (IIM Indore)

Date of the Event: 4th- 5th October, 2018

Name of the Resource Person:

Ms. Shalini Vij, a certified trainer from IIM Indore and the founder and Director of Sculpting Mentors

Department: Commerce and Business Management

Teacher Coordinator: Mr. Pranjal Pachpore

Number of Participants: 45

The Department of Commerce and Business Management at DAV University successfully hosted a two-day workshop on "Entrepreneurship and Soft Skills" from October 4th to 5th, 2018. This event was organized in collaboration with IIM Indore and Makeintern, forming a part of the i5Summit initiative. The workshop was led by Ms. Shalini Vij, a certified trainer from IIM Indore and the founder and Director of Sculpting Mentors. With over 25 years of experience as a performance enhancement trainer and NLP practitioner, Ms. Vij brought invaluable insights to the students. Her sessions covered critical areas such as business plan development, idea generation and evaluation, branding, communication, time management, confidence building, conflict management, and interpersonal effectiveness. The workshop emphasized experiential learning and skill development, engaging MBA and M.Com students in practical exercises aimed at enhancing both personal and professional skills. Highlighting the success of the workshop, five students-Gursimran Singh, Anshul Mahajan, Yashasvi Raj Sharma, Vishal Dhiman, and Richa-were selected to represent DAV University at the i5Summit hosted by IIM Indore. The Department of Commerce and Business Management at DAV University is committed to advancing research methodologies and enhancing educational practices. Through such workshops and guest lectures, the department aims to elevate its students' skills and maintain a competitive edge in the educational landscape.



Registrar W University, Jalandhar



Empowering Students with 21st century Skills

Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

Name of the Event: Guest Lecture on Stealth Leadership

Date of the Event: 23nd January, 2019

Name of the Resource Person: Dr Som Saini, Managing partner, Awakened Stealth Leadership LLP and Author of "Awakened Stealth Leadership"

Department: Commerce and Business Management

Teacher Coordinator: Mr. Pranjal Pachpore

Number of Participants: 51

On January 23, 2019, the Department of Commerce and Business Management at DAV University hosted a distinguished guest lecture by Dr. Som Saini, a leading authority in leadership development and the managing partner at Awakened Stealth Leadership LLP. Dr. Saini, also the author of "Awakened Stealth Leadership," shared his profound insights into effective leadership with the students.

During his lecture, Dr. Saini highlighted the crucial role of a positive attitude and comprehensive subject knowledge for students preparing for placements. He introduced the "Seven Star Model" of Stealth Leadership, which encompasses commitment, completeness, competence, communication, community, catalyst, and collaboration. Dr. Saini explained that effective leadership rests on a foundation he described as a three-legged stool—authority, responsibility, and accountability. He further elaborated on the concept of completeness, emphasizing the importance of integrating meditation, fitness, diet, relationships, rest, community involvement, fun, laughter, and spiritual practices into one's life.



Registrar Sity, Jalandhar



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Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

Name of the Event: International Conference on Mental Well-being

Date of the Event: $5^{th} - 6^{th}$ February, 2019

Name of the Resource Person:

Dr. Hina Chatha, Cognitive Behavioral Therapy (CBT) Expert, Canada

Dr. A.K. Sharma, Vice-President, DAV College Managing Committee (DAV CMC), New Delhi

Dr. Roshan Lal, Professor of Psychology, Panjab University, Chandigarh

Dr. Dean Van Leuven, Founder President, World Emotional Literacy League, USA

Dr. Shreya Pahwa, Internationally certified Psychotherapist

Department: Psychology and Education

Teacher Coordinator: Dr. Jasbir Rishi

Number of Participants: 80

DAV University recently held an International Conference on Mental Well-Being, organized by the Departments of Psychology and Education. The event saw participation from over 80 students. Dr. Hina Chatha, a cognitive behavioral therapy (CBT) expert from Canada, led a workshop on mindfulness-based stress reduction techniques. She distinguished between meditation and mindfulness, and introduced interactive activities such as storytelling and aromatherapy. Dr. Chatha highlighted how breathing exercises can help manage stress, anxiety, and other psychological challenges, and noted that CBT typically requires five to ten months to address emotional issues. The second day was inaugurated by Dr. Rashmi Vij, Principal of Police DAV Public School Jalandhar, who emphasized the importance of training in positive thinking. Vice-Chancellor Professor Rakesh Kumar Mahajan assured the university's commitment to integrating clinical psychology into student support services. Dr. Jasbir Rishi, the conference convener, affirmed psychology's role in advancing personal and societal well-being.



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Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

Name of the Event: Guest Lecture on "Financial Inclusion through Financial Education"

Date of the Event: 13th February, 2019

Name of the Resource Person:

Mr. Ankit Sharma, Technical Expert at NSDL Mr. Zubin Mehta, AGM at SEBI **Department:** Commerce and Business Management

Teacher Coordinator: Mr. Arvind Mahindru, Nodal Officer for NAD and Asst. Prof. at DAV University

Number of Participants: 99

A seminar on "Financial Inclusion through Financial Education" was organized by Mr Arvind Mahindru, Nodal Officer for NAD and Asst. Prof. at DAV University, for the students of the Department of Business Studies at DAV University, Jalandhar. The seminar was in collaboration with NSDL (National Securities Depository Limited) and SEBI (Securities and Exchange Board of India). Mr. Ankit Sharma, Technical Expert at NSDL, spoke on various investment strategies that can be used by people, including long term investments. He also guided the students on how to open and operate a Demat account and start with small scale investments. The second speaker, Mr. Zubin Mehta, AGM at SEBI, gave an engrossing talk on the value of long term investment that must be based on appropriate knowledge of the market and risks involved in it. He gave an engaging lecture to the students and asked them to realize their goals and invest early. His lecture included visual demonstrations, illustrations and examples from real life in order to teach the insightful lectures of the market and real investment.

The insightful lectures were followed by a small quiz conducted by Mr Ankit Sharma. The winners were rewarded with gifts. Dr Desh Bandhu Gupta, Dean Academics, along with the faculty members of the Department of Business Studies, extended his heart-felt gratitude to the speakers for the forceful lectures.



Registrar AV University, Jalandhar



Empowering Students with 21st century Skills

Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

Name of the Event: Guest Lecture on "Material Science for Spintronics Applications"

Date of the Event: 30th March, 2019

Name of the Resource Person:

Prof. (Dr.) Ravi Kumar, Head, Centre for Material Science and Engineering, NIT Hamirpur

Department: Physics

Teacher Coordinator: Dr. R.K. Seth **Number of Participants: 101**

The Department of Physics recently hosted an insightful lecture titled "Material Science for Spintronics Applications," delivered by Prof. (Dr.) Ravi Kumar. The event was warmly introduced by Dr. Desh Bandhu Gupta, Dean (Academics), and Dr. R.K. Seth, Head of the Department. Prof. Kumar explored the evolving field of nanotechnology and its transformative effects on material science, particularly in the context of spintronics, which promises faster and more energy-efficient devices. He also highlighted the potential of these advancements in contributing to the development of quantum computing. The lecture attracted both undergraduate and postgraduate students, as well as faculty members from various departments, inspiring them to engage with basic sciences and envision new technological innovations. The event concluded with a vote of thanks and a memento presentation to Prof. Kumar, acknowledging his valuable insights and contributions.



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